

START-STOP-CONTINUE TRAUMA-INFORMED PRACTICE

Your investment in trauma-informed practice is actively creating a Virginia that is trauma-informed at each level of engagement with individuals, family, children, and professionals. As you continue to improve the trauma-informed response at your agency, it may be helpful to consider aspects of your individual work and agency culture that need to:

START practices already conducive to being trauma-informed and necessary for successful implementation;

STOP activities that are counterproductive to trauma-informed practice; and

CONTINUE behaviors or activities to create and maintain a trauma-informed approach to your work.

*Please use the columns below to record what you'd like to **START, STOP or CONTINUE** in your personal practice, as well as throughout your agency.*

Don't forget to save your changes.

START	STOP	CONTINUE